

Viability of small farms managed by young farmers under new "farm-to-fork" strategy (2020-1-CZ01-KA203-078495)



## JASTRAMSKAS FARM

Growing oilseeds without the use of any chemicals

## **Identification data:**

Name: Edmundas Jastramskas Location: Šventežeris village, Lazdijai district, Lithuania Farm size: N/A Year established: 2004 Main activities: oilseed production – hemp, flax, rapeseed, sunflower Web / Facebook / Twitter: <u>www.ekologinis.lt</u>,

Edmundas Jastramsk is one of the first to start organic farming. This farm is the only one in Lithuania where oil from organically grown flax, rapeseed, sunflower and hemp is pressed. On the farm, priority is given to growing oilseeds without the use of any chemicals, such as herbicides, pesticides or weed killers.

Jastramskas decided to start farming because he is happy to provide others with a great natural product to enjoy healthy food and well-being. The farm employs family members who successfully combine their businesses.

The farm specialization is organic farming and oil production (hemp seed, flaxseed, hemp seed oil, flaxseed oil, rapeseed oil, sunflower oil). For proper crop rotation, traditional crops are grown - wheat and buckwheat. Additional blueberries are grown. Also, some minor crops are produced triticale, oats, buckwheat, peas, lupines, cumin.

The oil is pressed mechanically, cold, and no chemical additives, dyes, preservatives, or deodorants are added. It does not lose its good properties, retains vitamins when unheated, remains unbleached and deodorized. Cultivation, production, and finished products are controlled and certified by the independent certification body Ekoagros. The products are marked with the EU organic production logo and the Lithuanian national mark.

Jastramskas Farm works closely with scientific institutions, the State Food and Veterinary Service. They often participates in international exhibitions.

Significant investment has been made on farms (supported under the RDP). EU supported investments in technology and machinery; also RDP young farmer measure was used.

Jastramskas Farm cooperates with an agricultural cooperative company, with a café in the pavilion of smoked products in Vilnius, Kalvarijai market, Algirdas Kreiza organic farm. Edmundas sells its products in the organic food store "Rupūs miltai" in Kaunas, established by the Agricultural Cooperative Company "BIO LEUA". The store has very favourable conditions for product sale, and Jastramskas farm is happy to supply its oil to the store.

The farm also runs non-agricultural activities. Farm produce flour, flakes, and groats made from their grain. Cereals are processed in a mill located next to the farm. The mill also provides a lyophilization service.

Main distinguishes from the other farmers are natural, organic, healthy products. Only own seeds are used for oil production. The Jastramskas farm dream is continuous improvement, deepening into technological processes, environmental sustainability, sustainable farm management and resource efficiency solutions, retention of existing customers and new ones, including exceptional ones attracting consumers with special needs. Viability of small farms managed by young farmers under new "farm-to-fork" strategy (2020-1-CZ01-KA203-078495)

## **Photos:**



Jastramskas family farm oil

(Source: https://www.diena.lt/naujienos/verslas/imoniu-pulsas/jastramsku-ukio-ekologiskas-aliejus-ir-sveikatai-irgroziui-990362)



The organic oil

(Source: https://www.ekologinis.lt/content/4-apie-mus)